



WHAT COMES...

# Next?

OPENING OUR HEARTS &  
LISTENING TO GOD

**WOMEN'S FALL RETREAT**

**Saturday, Oct. 21 | 8:30 AM -12:30 PM**

**Ragdale Retreat Center in Lake Forest**

## **Women's Fall Retreat: "NEXT"**

***When Everything Is Unraveling, What Comes Next?  
Opening Our Hearts & Listening to God***

**Date:** Saturday, October 21<sup>st</sup> **Time:** 8:30 a.m. - 12:30 p.m. **Location:** Ragdale Retreat Center, Lake Forest

Join us for a transformative day at the Women's Fall Retreat, where we'll delve into the theme: **"NEXT? When Everything Is Unraveling, What Comes Next? Opening Our Hearts & Listening to God."**

In a world marked by change, unpredictability and anxiety, this retreat invites you into practices to help you lean into deeper trust in God. Rev. Melanie Hammond Clark, a spiritual director with a passion for deepening discipleship and igniting spiritual transformation, will guide us on our journey.

This event is open to all women seeking an environment conducive to spiritual growth and self-discovery. Don't miss out on this opportunity to find strength in community and guidance in uncertainty.



For more information and to secure your spot, scan the QR code to the left or click [here](#) to go directly to the registration page.

Let's come together for a day of renewal, introspection, and connection. Join with open and trusting hearts as we navigate "NEXT" together.

Questions? Please call the church office at 847-363-2174 or email Michelle Groenke at [mgroenke@boxp.net](mailto:mgroenke@boxp.net)

## Retreat Details

### Schedule (tentative)

**8:30 AM - 8:45 AM Continental Breakfast** *Venue: Sybil Shearer Studio*

**8:45 AM - 9:55 AM Opening Program with Rev. Melanie Hammond Clark** *Venue: Sybil Shearer Studio*

**10:00 AM - 11:45 AM Breakouts:** Participants will rotate between sessions

1. *Breakout 1:* 10:00 AM - 10:30 AM Art Session (Barnhouse Conference Room)
2. *Breakout 2:* 10:35 AM - 11:05 AM Spiritual Practices with Rev. Melanie Hammond Clark (Barnhouse Living Room)
3. *Breakout 3:* 11:10 AM - 11:40 AM Contemplative Walk or Journaling (Ragdale Gardens & Prairie Path)

**11:50 AM - 12:30 PM Closing Session with Rev. Melanie Hammond Clark** *Venue: Sybil Shearer Studio*

**Connect with Nature:** Weather permitting, you can enjoy a tranquil, contemplative walk through Ragdale's gardens and prairie path.

**Dress Comfortably:** Come prepared to open your heart to God's guidance in a relaxed and welcoming setting.

**About Rev. Melanie Hammond Clark:** Rev. Melanie Hammond Clark received her B.A. in English Literature from Miami University of Ohio and her M.Div. from Princeton Theological Seminary. After over three decades of pastoral ministry, she now serves as a spiritual director, nurturing individuals through life's challenges and illuminating the path to God's presence.

**About Ragdale:** Ragdale is a nonprofit artists' residency program and community located on the former Arts & Crafts country estate of architect Howard Van Doren Shaw and poet-playwright Frances Wells Shaw. It offers residencies, fellowships, and themed programs to creative professionals of all types, fostering an interdisciplinary artists' community.

*1230 North Green Bay Road, Lake Forest, IL 60045 Parking is available at the 1230 North Green Bay entrance.*

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### **Retreat Planning Team:**

Retreat Leader: Rev. Melanie Hammond Clark

Event Co-Chairs: Dana Sullivan & Amanda Rau

Women's Ministry Board Co-Leaders: Rev. Amy Heinrich & Michelle Groenke

Music: Lennie Blair, LeAnn Malecha, Marilyn Roland, Sue Ellen Skeens

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