

# Raising Anti-Racist Children Session#1:

## How do I prepare myself to talk about race with my kid/s?

“Who am I to talk about racism? Who are you not to?”

-Caprice Hollins & Ilsa Govan



Planning Team:  
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## Introductions:

- Name/s
- Ages of your kid/s
- I signed up for this series because...

# Tonight's Goals:

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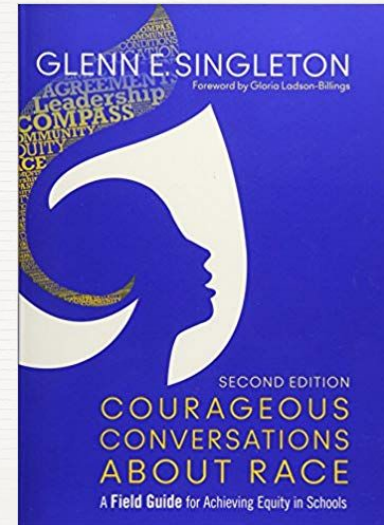
- ❑ Getting comfortable talking about race
  - ❑ Laying out group norms
- ❑ Talking about race
  - ❑ Reflecting on color blindness and color bravery
  - ❑ Identifying hot topics for further discussion



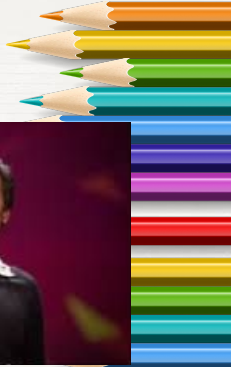
# Group Norms:

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- ❑ Speak from your own understanding (“I” statements)
- ❑ Listen for understanding
- ❑ Experience discomfort
- ❑ Expect and accept non-closure
- ❑ Respect confidentiality
- ❑ Share the air time



# Discussing Mellody Hobson's TED Talk



## Questions to Consider:

- To what extent has the idea of “color blindness” been present in your life?
- How is the concept of “color bravery” sitting with you right now?
- What gets in the way of “color bravery” for you?
- What might it look like to be “color brave” with your children?



“I realized, the first step to solving any problem is to not hide from it, and the first step to any form of action is awareness. And so I decided to actually talk about race. And I decided that if I came here and shared with you some of my experiences, that maybe we could all be a little less anxious and a little more bold in our conversations about race.”  
-Mellody Hobson